

**Multy Max Women Plus** contains a comprehensive mix of essential vitamins and minerals to support women's overall health and well-being. ♦ Each bottle contains 30 packets of high-quality broad coverage supplements.

**Each Packet Contains:** 3 Multy Max with Iron capsules (green), 2 Fish Oil 500 softgels (golden yellow), 2 Vityl Bone tablets (white).

**Suggested Use:** Take one packet daily or as directed by your healthcare practitioner.

**Warning:** Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg RAE (10,000 IU) of preformed vitamin A (retinyl acetate) per day. Contains fish oil. Do not use if you are allergic to fish or fish oil. Keep out of reach of children.

**Caution:** If you are pregnant, nursing, or taking nutritional supplements or medications, consult your healthcare practitioner before use.

**Storage:** Store in a cool, dry place.

**Produced in a cGMP Facility.**



NON-GMO GLUTEN-FREE DAIRY-FREE

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Manufactured for: SYNC WELLNESS**

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**SYNC**  
WELLNESS

# MULTY MAX WOMEN PLUS

WOMEN'S HEALTH  
SUPPORT\*

DIETARY  
SUPPLEMENT

30  
PACKETS

## Supplement Facts

Serving Size: 1 Packet

Servings Per Container: 30

	Amount Per Serving	%DV*		Amount Per Serving	%DV*
Calories	25		Copper (as copper citrate)	1 mg	111%
Total Fat	2 g	3%*	Manganese (as manganese citrate)	0.5 mg	22%
Cholesterol	10 mg	3%*	Chromium (as chromium polynicotinate)	200 mcg	571%
Protein	<1 g		Molybdenum (as molybdenum aspartate)	50 mcg	111%
Vitamin A (50% as mixed carotenoids and as retinyl acetate)	3,000 mcg RAE	333%			
Vitamin C (as ascorbyl palmitate and ascorbic acid)	120 mg	133%	MCH-Cal™ (microcrystalline hydroxyapatite calcium)	2.1 g	**
Vitamin D3 (as cholecalciferol)	25 mcg (1,000 IU)	125%	Total Omega-3 Fatty Acids	1.1 g	**
Vitamin E (as d-alpha tocopheryl succinate)	82 mg	547%	EPA (Eicosapentaenoic acid)	600 mg	**
Vitamin K (as phytonadione)	120 mcg	100%	DHA (Docosahexaenoic acid)	400 mg	**
Thiamin (as thiamin mononitrate)	25 mg	2,083%	Additional Omega-3 Fatty Acids	100 mg	**
Riboflavin	15 mg	1,154%	Inositol	25 mg	**
Niacin (as niacinamide and niacin)	50 mg NE	313%	Resveratrol (root; <i>Polygonum cuspidatum</i> )	10 mg	**
Vitamin B6 (as pyridoxine HCl)	25 mg	1,471%	Lycopene	6 mg	**
Folate (as calcium L-5-methyltetrahydrofolate) (BioFolate®)	1,360 mcg DFE	340%	Lutein	6 mg	**
Vitamin B12 (as methylcobalamin)	200 mcg	8,333%	Zeaxanthin	2 mg	**
Biotin	500 mcg	1,667%			
Pantothenic Acid (as calcium-D-pantothenate)	75 mg	1,500%	Proprietary Phytonutrient Blend	400 mg	**
Choline (as choline bitartrate)	25 mg	5%	Citrus Fruit Extract (peel; Citrus spp.; standardized to 25% bioflavonoids), Green Coffee Bean Extract (seed; <i>Coffea arabica</i> ; standardized to 50% chlorogenic acid), Pomegranate Extract (hull; <i>Punica granatum</i> ; standardized to 40% ellagic acid), Grape Seed Extract (seed; <i>Vitis vinifera</i> ; standardized to 95% polyphenols), Bilberry Powder (fruit; <i>Vaccinium myrtillus</i> ), Green Tea Extract (leaf; <i>Camellia sinensis</i> ; standardized to 98% polyphenols, 75% catechins, and 45% EGCG), Bitter Melon Extract (fruit; <i>Momordica charantia</i> ; standardized to 5% charantins), Prune Extract (fruit; <i>Prunus salicina</i> ), Watercress Extract (whole herb; <i>Nasturtium officinale</i> ), Cinnamon Extract (bark; <i>Cinnamomum zeylanicum</i> ), Black Catechu Extract (heartwood; <i>Acacia catechu</i> ; standardized to 65% catechins), Rosemary Leaf Extract (leaf; <i>Rosmarinus officinalis</i> ), Artichoke Extract (leaf; <i>Cynara scolymus</i> ; standardized to 5% cynarin).	674 mg	52%
Calcium (as microcrystalline hydroxyapatite calcium (MCH-Cal™) and dicalcium phosphate)					
Iron (as ferrous bisglycinate chelate)	18 mg	100%			
Phosphorus (as microcrystalline hydroxyapatite calcium (MCH-Cal™) and dicalcium phosphate)	350 mg	28%			
Iodine (as potassium iodide)	150 mcg	100%			
Magnesium (as magnesium citrate)	40 mg	10%			
Zinc (as zinc citrate)	15 mg	136%			
Selenium (as selenium chelate)	100 mcg	182%			

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\* Daily Value (DV) not established.

**Other Ingredients:** Multy Max with Iron: Capsule (hypromellose, sodium copper chlorophyllin), vegetable magnesium stearate. Fish Oil 500: Highly concentrated omega-3 fish oil (anchovy, sardine, mackerel), capsule shell (gelatin, glycerin, purified water), natural lemon flavor, proprietary antioxidant blend (consisting of natural tocopherols, rosemary extract, and ascorbyl palmitate). Vityl Bone: Microcrystalline cellulose, hydroxypropyl cellulose, vegetable stearic acid, croscarmellose sodium, hydroxypropyl methylcellulose, vegetable magnesium stearate, glycine. Contains: Fish (anchovy, sardine, mackerel).

BioFolate® is a federally registered trademark of MTC Industries, Inc.

MCH-Cal™ is a registered trademark of Pharmazen Limited, LLC.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.