

**Fym Cycle** combines high-potency extracts of chasteberry fruit, black cohosh, and ashwagandha to help support menstrual regularity, ease menstrual discomfort, and promote healthy reproductive function and libido.\*

**Suggested Use:** Take one capsule twice daily or as directed by your healthcare practitioner.

**Caution:** Consult your healthcare practitioner before use if you are pregnant, nursing, taking medication, or have a liver disorder or develop symptoms of liver trouble. Keep out of reach of children.

**Storage:** Store in a cool, dry place.

**Produced in a cGMP Facility.**



NON-GMO GLUTEN-FREE DAIRY-FREE VEGETARIAN

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Manufactured for: SYNC WELLNESS**

18303 Old Perkins Rd, Suite 403 | Baton Rouge, LA 70810



**SYNC**  
WELLNESS

# FYM CYCLE

MENSTRUAL DISCOMFORT  
& REGULARITY SUPPORT\*

DIETARY  
SUPPLEMENT

60  
CAPSULES

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%DV
Chasteberry 10:1 Extract (fruit; <i>Vitex agnuscastus</i> )	100 mg	*
Ashwagandha 15:1 Extract [1.5% withanolides (root; <i>Withania somnifera</i> )]	60 mg	*
Black Cohosh Extract [2.5% total triterpene glycosides (rhizome and root; <i>Actaea racemosa</i> L.)]	40 mg	*

\* Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose, dextrin, tapioca starch, vegetable magnesium stearate, and silica.