

Recommended Use: Take three capsules twice per day with a meal, or as directed by your health care practitioner.

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DeltaGold® is a registered trademark of American River Nutrition, LLC and protected by US Patent Numbers 6,350,453 and 8,586,109.

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662



STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.

Does not contain gluten, dairy, soy or GMOs.



META- CONTAYNE

DIETARY
SUPPLEMENT

180
CAPSULES

Supplement Facts

Serving Size 3 capsules
Servings Per Container 60

| Amount Per Serving | % Daily Value | Amount Per Serving | % Daily Value |
|--|-----------------------|---|---------------|
| Vitamin A (as Mixed Carotenoids and Palmitate) | 2780 mcg RAE 309% | Magnesium (as Di-Magnesium Malate) | 50 mg 12% |
| Vitamin C (as Ascorbic Acid) | 300 mg 333% | Zinc (as Zinc Bisglycinate Chelate) | 7.5 mg 68% |
| Vitamin D (as Cholecalciferol) | 12.5 mcg (500 IU) 63% | Selenium (as Selenium Glycinate Complex) | 100 mcg 182% |
| Vitamin K (as K1 Phyttonadione) | 60 mcg 50% | Manganese (as TRAACS® Manganese Bisglycinate Chelate) | 0.5 mg 22% |
| Thiamin (Vitamin B-1)(as Thiamin HCl) | 2.3 mg 192% | Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate) | 200 mcg 571% |
| Riboflavin (Vitamin B-2)(as Riboflavin-5-Phosphate) | 2.8 mg 215% | Molybdenum (as TRAACS® Molybdenum Glycinate Chelate) | 50 mcg 111% |
| Niacin (as Niacinamide and Niacin) | 50 mg NE 313% | Taurine | 750 mg * |
| Vitamin B-6 (as Pyridoxal-5-Phosphate) | 5.2 mg 306% | Carnosine | 125 mg * |
| Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolate, glucosamine salt) | 340 mcg DFE 85% | R-Lipoic Acid | 50 mg * |
| Vitamin B-12 (as Methylcobalamin) | 500 mcg 20,833% | Benfotiamine | 25 mg * |
| Biotin (as d-Biotin) | 500 mcg 1667% | Vitamin E Isomers (as DeltaGold® delta and gamma tocotrienols) | 15 mg * |
| Pantothenic Acid (as d-Calcium Pantothenate) | 10 mg 200% | | |
| Iodine (as Potassium Iodide) | 75 mcg 50% | | |

Other Ingredients: Cellulose (capsule), sunflower lecithin, dicalcium phosphate, microcrystalline cellulose, vegetable stearate, silicon dioxide.

Distributed by: Sync Wellness LLC
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Report any adverse reactions to: 225-425-7962



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